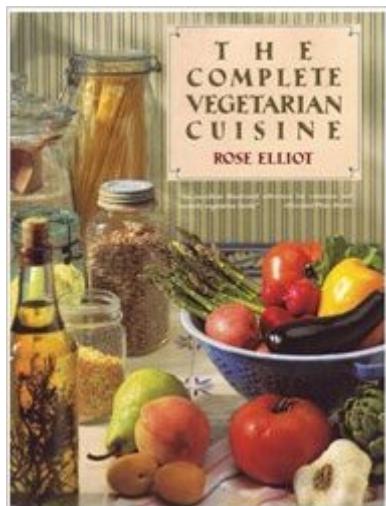


The book was found

# Complete Vegetarian Cuisine



## Synopsis

The newest cookbook to achieve immediate top backlist bestseller status for us. An oversize format, lots of photos and drawings, 300 recipes, and tons of well-organized info on ingredients, nutrition, and preparation. A terrific vegetarian cookbook.

## Book Information

Paperback

Publisher: Pantheon (May 19, 1990)

Language: English

ISBN-10: 0679725008

ISBN-13: 978-0679725008

Product Dimensions: 1 x 8.5 x 11.2 inches

Shipping Weight: 2.6 pounds

Average Customer Review: 4.8 out of 5 starsÂ  [See all reviewsÂ \(16 customer reviews\)](#)

Best Sellers Rank: #1,726,772 in Books (See Top 100 in Books) #215 inÂ Books > Health, Fitness & Dieting > Diets & Weight Loss > Vegan

## Customer Reviews

The first thing you notice about this cookbook is how beautifully it is illustrated. Probably 25% of the recipes are accompanied by pictures. The first hundred pages or so contain pictures and descriptions of many ingredients, common and uncommon. But after you've finished oh-ing and ah-ing over the pictures, you start to appreciate the recipes themselves. Most of them are elegant, and many are complicated. But all of them that I've tried are excellent. Try the Tagliatelle Verde with Lentil Sauce -- I was amazed that pasta with red lentils could taste so good. Every vegetarian (and even non-vegetarians) should have a copy of this book, if only for the inspiration it provides. It is a great gift book.

This is my favorite cookbook! It has lots of pictures and gives tips and variations for each recipe. The information at the front of the book about different vegetables, fruits, and herbs along with colorful photos is a great reference tool for finding out about unfamiliar ingredients.

I love this book. My favorite recipe is for potato leek soup. It is so yummy and it is low fat which is surprising since it doesn't taste like it is. I looked at a lot of other books for that recipe and they were kind of deadly (so much fat!). This book is beautifully illustrated. In addition to the many recipes that

range from main dishes to deserts it contains sections describing vegetarian ingredients (including photos to more easily identify the ingredients) and how to best prepare these ingredients. This is a very comprehensive vegetarian guide even for people who just want to add more vegetables to their diet.

Rose Elliott's book is packed full of easy veggie. recipes with readily available ingredients. Recipes within different subjects (pasta dishes, soups etc.) are arranged in alphabetical order. All the recipes I have tried have been very good.

I have the older version of this book, and it was the FIRST vegetarian cookbook I ever received. It is an amazing resource, with fantastic photos and descriptions of fruits & veggies at the beginning, and "get real" recipes that are wondeful! I have been making the eggplant parm from this book for 16 YEARS! Highly recommended!

The recipes are good, but the best part for a beginner like me are the clear photos of fruits and vegetables and the tips about how to prepare them. This book expanded my horizons and made me more adventurous. Thank you, Rose Elliot.

This is a great cookbook. Quality of product was as described and item arrived before Christmas even though it was not scheduled to which was great as it was a gift. Great seller, great cookbook for all (not just vegetarians).

It is a beautiful cookbook, many excellent photos, sample menus (also with photos) and a range of recipes that range from the easy to those best tried with cooks who have some experience. The photos also include ingredients in their natural state so you know what they look like when you go shopping. Recipes include lentil shepherd's pie, vegetable terrine, Japanese flower salad, vegetarian moussaka, rose cheesecake, and old-fashioned treacle tart. So why only 4 stars? Because there's a recipe missing, the very first one I wanted to try: Cucumber and yogurt soup, p. 138. It's listed both in the index and in a sample menu. However, recipes of that sort can be found in many places, including online so, while irritating, the book is still solid.

[Download to continue reading...](#)

Vegetarian: High Protein Vegetarian Diet-Low Carb & Low Fat Recipes On A Budget( Crockpot,Slowcooker,Cast Iron) (Vegetarian,Vegetarian Cookbook,Vegetarian ... low

carb, Vegetarian low fat) Vegetarian: Vegetarian Diet For Beginners: 100 Delicious Recipes And 8 Weeks Of Diet Plans (Vegetarian Diet, Vegetarian Diet For Beginners, Vegetarian ... Cookbook, Vegan, Clean Eating, Raw Diet) VIETNAMESE VEGETARIAN FOOD - OUR FAMILY VEGETARIAN RECIPES: VEGETARIAN FOOD RECIPES FROM OUR VIETNAMESE HOME - VEGETARIAN FOOD RECIPES VEGAN RECIPES ASIAN ... RECIPES ASIAN VEGAN SERIES Book 1) Vegetarian: 4-Week Vegetarian Nutrition Cookbook for Everyday Lifestyle - 39 Quick & Easy Vegetarian Meal Plans for Beginners (Healthy Low Carb Vegetarian Recipes for Diet and Lifestyle) Vegetarian Quick & Easy - Under 15 Minutes: (100 Simple Natural Food Recipes) (Weight Maintenance & Low Fat Lifestyle) (Vegetarian Weight Loss) (Special ... & Vegetarian Recipes Collection Book 2) Vegetarian: The Beginners Guide to a Vegetarian LifestyleÂ© with The Top 170+ Healthy Recipes (Includes 8 FULL Weeks FULL Month Meal Plan, Vegetarian Diet Weight Loss Cookbook) Vegetarian: 50 The Best Vegetarian Slow Cooker Recipes-Great, Healthy, Delicious Place To Start With Vegetarian Slow Cooker Complete Vegetarian Cuisine RECIPES: THAI FOOD: VEGE-THAI-RIAN: MOUTHWATERING THAI VEGETARIAN RECIPES (Vegan, Vegetarian Quick Easy Reference): Child Approved Simple Recipes, Fusion ... Special Diet Special Occasions) Vegetarian: Vegetarian Quinoa Cookbook-Gluten Free Plant Based Superfood Recipes (forks over knives, raw till 4, whole 30, Slow cooker, crockpot, Cast Iron) 132+ Delicious Salads, Dressings And Dips: Healthy Salad Recipes For Weight Loss, Great For Vegetarian And Raw Vegan Diets (Gabrielle's FUSS-FREE Healthy Eating Cookbooks And Vegetarian Recipes) Top 30 Polish Vegetarian Recipes in Just And Only 3 Steps (World Most-Popular Vegetarian Recipes Book 6) Leo Tolstoy's Vegetarian Family Recipe Cookbook: Vegetarian Russian Cookbook: Traditional Authentic Soviet Cooking and European Cuisines (Healthy Lifestyles Book 1) Top 30 Turkish Vegetarian Recipes in Just And Only 3 Steps (World Most-Popular Vegetarian Recipes Book 8) Mexican Vegetarian Cookbook: Quick, Easy & Delicious Vegetarian Mexican Recipes Vegetarian Weight Loss: How to Achieve Healthy Living & Low Fat Lifestyle (Weight Maintenance & Heart Healthy Diet) (Special Diet Cookbooks & Vegetarian Recipes Collection Book 1) The New Becoming Vegetarian: The Essential Guide To A Healthy Vegetarian Diet Lord Krishna's Cuisine: The Art of Indian Vegetarian Cooking Dakshin: Vegetarian Cuisine from South India Vietnamese Fusion: Vegetarian Cuisine

[Dmca](#)